

Pregnant Mare Checklist/Records - Mare: _____ Foaling Date: _____

Mare's Udder Filling (2 to 6 weeks prior to foaling) _____ (date)

Mare's Nipples Filling (4-10 days prior to foaling) _____ (date)

Vulva/Pelvic Relaxing (up to 3 weeks prior to foaling) _____ (date)

Waxing/Milk Flow (2-4 days prior to foaling) _____ (date)

Milk Test Strip: _____ (day/results)

Morning Temperature _____ (day/results)

First Stage Labour: _____ (time/comments)
(nervous, swishing tail, discomfort, laying down, sweating, urination = no more than 2-3 hours)

Second Stage Labour: _____ (time/comments)
(active labour, contractions increase, sweating, laying down, check fetal position, appearance of sack, foot, nose, foot, tie up placenta when mare is up = 5 – 60 minutes)

Third Stage Labour: _____ (time/comments)
(expulsion of placenta within 3 hours, longer than 3 hours – call vet)

Weight of Placenta: _____ Placenta Intact?: _____ Comments: _____

Foal Checklist/Records – Mare: _____ **Birthdate:** _____ **# Days Gestation** _____

Length of Second Stage Labour: _____ Presentation/Position Concerns: _____

Time umbilical broke: _____ Time Mare got up: _____ Foal is Alert/Up on Sternum: _____ Heartrate: _____

Temperature: _____ Dipped Umbilical: _____ Alert: _____ Attempts to Stand: _____

Nursing: _____ Veterinary Exam: _____ IgG Test: _____ Pass Meconium: _____

After Birth & Within the First 20 Minutes: Moves from laying flat to sternum position, alert & looking about, suckling reflex, possibly moving towards the front of the mare, movement of front legs, reacts to light flash

Within First 2 Hours: Standing, suckling reflex, stabilization of heart rate & respiratory normal values: respiration less than 40 breaths/min., heart rate less than 80 beats/min, attachment to the mare, nursing

Within First 4 Hours: Nursing, moving about the stall, following mare, bright & alert.
(If not nursing within the first 4 hours, administer colostrums and call the veterinarian.)

Within the First 8 Hours: Passing meconium (may be straining), moving about stall, standing up & laying down, nursing, following mare, urinating

Foal Alert: Watch for behavioural changes. Foal should get stronger each day. Be alert for unusual straining to defecate, nursing too frequently, lethargic/depressed, not laying down easily or not resting enough, diarrhea with lethargia/depression, jaundiced appearance to eyes and gums, swelling or lameness of limbs, swelling, discharge or pain of the naval stump.